



HEALTH AND WELLBEING BOARD

Date: 15 November 2018

0.25 Emotional Health and Wellbeing Strategy (EHWBS) incorporating the 18/19 refreshed Local Transformation Plan (LTP)

Report of: Suzanne Barton on behalf of NHS Northumberland Clinical Commissioning Group

Cabinet Member: Councillor Wayne Daley, Cabinet Member for Children's Services

Purpose of report

To provide the board with an update on the 0 -25 Emotional Health and Wellbeing Strategy (EHWBS) incorporating the 18/19 refreshed Local Transformation Plan (LTP).

Recommendations

It is recommended that the Health and Wellbeing Board:

1. Consider the progress of the EHWBS and provide comment
2. Consider the draft refreshed LTP and provide comment

Link to Corporate Plan

The EHWBS links to all of the Corporate Plan's key themes and operating principles.

Background

In August 2015, NHS England produced guidance for health and care economies on the development of Local Transformation Plans to support improvements in children and young people's mental health and wellbeing. The guidance was designed to empower local partners to work together to lead and manage change in line with the key principles of the Future in Mind publication. The guidance:

- Set out the strategic vision for delivering improvements in children and young people's mental health and wellbeing over the next 5 years.
- Outlined a phased approach to securing locally driven sustainable service transformation.
- Provided guidance to support local areas in developing their local transformation plans through a planning process that can be tailored to meet the individual needs and priorities of different local areas.
- Provided information on the assurance process and programme of support that will

be available.

Key issues

Northumberland first published the Local Transformation Plan (LTP) in October 2015. The latest draft version of the document refreshes thoughts and plans and seeks to demonstrate how services for children and young people in Northumberland have been developed and improved.

The scope of the Northumberland Emotional Health and Well Being strategy (EHWBS) (which informs the Local Transformation Plan) covers the full spectrum of service provision and addresses the needs of all children and young people including the most vulnerable, making it easier for them to access the support they need when and where they need it.

All of the current objectives for 2015, 16 and 17 have been achieved and the 2018 objective are on track for completion by year end.

Significant investment was made into the primary care mental health team (early intervention and prevention work) which dovetailed with the redesign and provision of the 0-19 resilience strategy outcomes. This investment doubled the size of the previous service and facilitated support lines for schools which provide advice and signposting for teachers who identify a child with an emerging mental health need. This has secured more referrals into the `hubs` (the multiagency weekly meeting which serve as the initial point of contact for most referrals into all children's services) for children with emerging low mood or anxiety.

Both mental health providers (Northumberland, Tyne and Wear Trust and Northumbria Healthcare Trust) have secured the release of staff to train in the delivery of psychological therapies as part of the CYP IAPT programme and as a result more children can be offered therapy at an earlier stage of their emotional ill health.

Considerable amounts of training have taken place in schools and children's social care and there is now a menu of training opportunities for key partners to access either for small cohorts or the wider workforce known as the Early Help Offer. This has been strengthened with the post 16 therapy and training offer commissioned from Talking Matters Northumberland (the provider of primary care mental health interventions).

Following an increase in wait times in the secondary children and young people's services (CYPS) particularly for those on the neuro developmental pathway in late 2017, the provider and CCG worked together to jointly produce an action plan.

The plans implementation resulted in an improvement in overall performance with the longest wait for treatment reducing from over 30 weeks to 12 weeks. Those in crisis continue to be seen in 72 hours although most are seen the same day and for those with an eating disorder the service is meeting the nationally mandated waiting times.

Developments have continued across the system in relation to specific care pathways for young people who are most vulnerable and a significant piece of work relating to the Northumberland whole system transformation is underway to redesign the children and young people's mental health pathway commenced in 2018 as part of Northumberland's commissioning intentions.

Key Challenges

Workforce - There remain particular issues concerning the recruitment and retention of a skilled workforce in both the early intervention and specialty services. This is felt in all NHS

and Local Authority services and as a result there have been gaps in psychiatry, primary care workers, social workers and CYPS. Whilst all services have dynamic recruitment policies and processes this issue is not easily resolved and has national recognition as a risk to the delivery of psychological based strategies.

Pathway redesign – There remains currently an increasing demand on the specialist CYPS service to manage rising referrals and to retain young people in the service who are have neurodevelopmental difficulties – ASD and/or ADHD. The work will be addressed through the pathway redesign that has a focus on prevention, early identification and earliest intervention. There is a potential for resources to move across the pathway in order to meet needs.

LTP delivery - When launched the delivery of the LTP plan was supported by a small amount of funding. The ambition of the plan was predicated on CCGS, Local Authorities and Education being able to make investments over the 5 years of the plan. Given Northumberland’s economic position this has been extremely challenging and the plan is now implemented as either cost neutral or with minimum non recurrent funding.

The LTP is additionally subject to regional and national scrutiny and is now benchmarked against a set of Key lines of Enquiry (KLOE). The LTP implementation group are utilising these to self-assess the plan and ensure delivery is on track and covers all elements of service provision

Conclusion and implications

The 0-25 emotional health and wellbeing LTP is on track for complete delivery in 2020. By 2020 we will have created a sustainable system wide service transformation to improve children and young people’s mental health and wellbeing including for the most vulnerable such as looked after children, those vulnerable to sexual exploitation, adopted children or those who have learning difficulties, closing the treatment gap so that more children and young people with concerns about their mental health can access timely and high quality care coordinated with other support they are receiving.

Policy	Any suggested policy implications will be proposed as separate recommendations with supporting evidence
Finance and value for money	NA
Legal	NA
Procurement	NA
Human Resources	NA
Property	NA
Equalities (Impact Assessment attached)	

Yes <input type="checkbox"/> No <input type="checkbox"/> N/A <input checked="" type="checkbox"/>	
Risk Assessment	Not undertaken
Crime & Disorder	NA
Customer Consideration	NA
Carbon reduction	NA
Wards	This report relates to the health and wellbeing of all wards

Background papers:

N/A

Report sign off.

Authors must ensure that officers and members have agreed the content of the report:

	initials
Monitoring Officer/Legal	NA
Executive Director of Finance & S151 Officer	NA
Relevant Executive Director	NA
Chief Executive	VB
Portfolio Holder(s)	WD

Author and Contact Details

Suzanne Barton – NHS Northumberland CCG

Tel: 01670 335186 email Suzanne.barton1@nhs.net